

# An Introduction to Health & Safety

*Management of Health Safety and Welfare Regulations 1992*



## **Introduction**

This course has been designed to provide essential knowledge and understanding of health and safety for all employees regardless of which sector they work in. Employers have a responsibility to provide safe and healthy workplace conditions as well as safe systems and methods for workplace activities. An essential element of any safe system is the knowledge and attitude of employees, and this demands proper training in the basics of health and safety, as well as specific training for individual tasks. This course aims to provide employees with health and safety understanding that will enable them to contribute to any health and safety management system.

## **Topic areas covered:**

- Background to current Health and Safety legislation
- Employers and employees duties under current Health and Safety legislation
- Background to and importance of risk assessment and safe systems of work
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## **Intended for:**

All employees regardless of age or length of service, especially those who have had no previous health and safety training.

## **Outcomes:**

By the end of the programme the student will be able to:

- Work in a safe and healthy manner and contribute to improving health and safety within an organisation's policy.
- Identify key hazards in their own workplace.
- Understand the importance of health and safety rules and working procedures.
- Report potential health and safety problems.
- Be responsible for their own actions.
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**Prior Knowledge:** None

**Course Duration:** Six hours

**Numbers:** Minimum 6, Maximum 16

For a full outline of the Course [contact us](#).

If required The Chartered Institute of Environmental Health Qualification “**Level 2 Award in Health and Safety in the Workplace**” is available.